

EUCCHARISTIC HOLY HOUR

Opening Song **O Sacrament Most Holy (Traditional)**

All sing: O Sacrament most holy, O Sacrament divine,
All praise and all thanksgiving be every moment thine.

Words of Introduction

We gather here this evening to welcome with joy
Christ's enduring presence among us in the Blessed Eucharist, to spend some time just
being with him.

The Lord has promised to be with us always,
Even till the end of time itself.

Yes, Love always wants to be with us, His Beloved.

For your loving and adorable presence with us,
for your never leaving us,

Lord, all praise and all thanksgiving be every moment thine.

In this time of prayer we continue
to rest in the communion with you and one another.

We set this time aside to keep watch with you,
as you always keep watch over us.

We offer you even just our bodily presence,
as a sign of our desire to praise you Lord.

Scripture From the Gospel according to John (15: 9, 11)

Jesus said to his disciples, "**As the Father has loved me,
so I have loved you. Remain in my love...**

**I have told you this so that my own joy may be in you
and your joy be complete."**

Jesus says to us:

Remain in my love – **Live** in my love – **Stay** in my love -
Stay in the safety of the Love which brought you into being
Remain in the Love that holds you in being,
Watch – knowing that the gaze of Love beholds you
and in the joy of that knowledge, we **pray**.

SILENT PRAYER

Song **Stay with me (Taizé)**

All sing: Stay with me, remain here with me;
Watching and praying, Watching and praying.

Litany 1: We pray together not only for ourselves but for all who are suffering in the entire Body of Christ throughout the world

We pray our response:

“Be with them Lord.”

All:

Be with them Lord

For all who have lost hope

Be with them, Lord

For all who suffer

Be with them, Lord

For all who are sick and in pain

Be with them, Lord

For victims of war and violence

Be with them, Lord

For all who are struggling

Be with them, Lord

For all who have been badly hurt in life

Be with them, Lord

For all who are grieving

Be with them, Lord

For all who mourn

Be with them, Lord

For all who are depressed

Be with them, Lord

For all who feel discouraged

Be with them, Lord

For all who feel unloved

Be with them, Lord

For all who are anxious

Be with them, Lord

For those who serve in your name

Be with them Lord

For those who care for the needy

Be with them Lord

For those who look after the dying

Be with them Lord

For those who are carers in the home

Be with them Lord

For those who visit the sick

Be with them Lord

For those who listen in your name

Be with them Lord

For Missionaries throughout the world

Be with them Lord

For those working for justice and peace

Be with them Lord

For those who feed the hungry

Be with them Lord

For those who shelter the homeless

Be with them, Lord

For parents and families

Be with them Lord

For all those we carry in our hearts

Be with them, Lord

For all who bear witness to your love

Be with them Lord

Draw near to them all Lord,

Be with them, Lord.

Song

Lord Show Us Your Mercy (Jeanne Cotter)

All sing:

Lord show us our mercy and love

SILENT PRAYER

A prayer of Dietrich Bonhoeffer

God, I call on you.

Help me to pray

and gather my straying thoughts towards you;

I cannot do this alone.

In me there is darkness,
but with you there is Light;
I am lonely,
but you do not leave me;
I am faint-hearted,
but with you there is help;
I am restless,
but with you there is peace;
in me there is bitterness,
but with you there is patience;
I do not understand your ways,
but You know the way for me,
You'll find the way for me.

Father in heaven,
Praise and thanks be to you for the rest of the night;
Praise and thanks be to you
for all your kindness and faithfulness in my life.

Lord Jesus Christ,
You were poor, betrayed and abandoned .
You know all the hardship of your people,
You stay with me,
Even if no one stands by me,
You will not forget me
You are always seeking me,
You want me to recognize you
and turn me towards you.
Lord, I hear your call and follow, help me!

Holy Spirit,
give me the faith which saves me and lifts me up
from discouragement, despair and addictions.
Give me your love which melts all hatred and bitterness,
give me the hope that frees me from fear and despondency.
Holy, merciful God,
my Creator and Saviour,
my judge and my deliverer;
You know me and all my doings.
Here before you I think of all those I carry in my heart
my family, people at home,
all those I love, those I find difficult to love. Embrace us all –
draw us to the fullness of life and joy in you. Amen.

Hymn

Soul Of My Saviour

All sing:

Soul of my saviour, sanctify my breast
Body of Christ, be thou my saving guest
Blood of my Saviour, bathe me in thy tide,
Wash me with water flowing from thy side.

Strength and protection, may thy passion be,
O blessed Jesus, hear and answer me
Deep in thy wounds, Lord, hide and shelter me
So shall I never, never part from thee.

Guard and defend me, from the foe malign
In death's dread moments, make me only thine.
Call me, and bid me, come to thee on high
When I may praise thee, with thy saints for aye.

LITANY 2:

We pray together,

"Praise to you, Lord Jesus"

All:

Praise to you, Lord Jesus

You are the bread of life

Praise to you, Lord Jesus

You are the bread that saves us

Praise to you, Lord Jesus

You are the Blood that redeems us

Praise to you, Lord Jesus

You are the source of our joy

Praise to you, Lord Jesus

You are the bread that feeds us

Praise to you, Lord Jesus

You are the Blood that quenches our thirst

Praise to you, Lord Jesus

You are the Bread that comforts us

Praise to you, Lord Jesus

You are the Bread that gives us strength

Praise to you, Lord Jesus

You are the Bread that heals us in body and mind

Praise to you, Lord Jesus

A Reflection of Brother Roger of Taizé

God speaks to us above all by silent intuitions.

Silence in prayer can seem like nothing.

And yet, in this silence,

the Holy Spirit can enable us

to welcome God's joy:

a joy which reaches down

and touches the very depths of our soul.

In simple prayer, many people understand one day

that God is calling them.

What is God's call?

God wants to prepare ourselves

to be bearers of His joy and peace.

SILENT PRAYER

Song **God of Second Chances (David Haas)**

Litany 3:

We say together,

“We give you thanks and praise,”

All: We give you thanks and praise

For the nourishment you give us

We give you thanks and praise

For the strength you offer us

We give you thanks and praise

For the goodness you show us

We give you thanks and praise

For your presence in good times and in bad **We give you thanks and praise**

For the generosity of your love

We give you thanks and praise

For the gift of your forgiveness

We give you thanks and praise

For the gift of your Spirit within us

We give you thanks and praise

For the gift of hope and joy

We give you thanks and praise

For your working in our lives

We give you thanks and praise

For all who care for us

We give you thanks and praise

For all who support us

We give you thanks and praise

For all who encourage us

We give you thanks and praise

For all who inspire us

We give you thanks and praise

For all who are the body of Christ to us

We give you thanks and praise

Hymn: Laudate Dominum (Taizé)

From Psalm 117—Praise the Lord all you nations, acclaim him all you peoples'

All sing: Laudate Dominum, laudate Dominum

Omnes gentes, alleluia.

Laudate Dominum, laudate Dominum

Omnes gentes, alleluia.

SILENT PRAYER

Scripture Reading: From the Gospel according to John 15:13-15

Jesus said: ‘No one has greater love than this,

to lay down one’s life for one’s friends.

You are my friends if you do what I command you.

I do not call you servants any longer,

because the servant does not know what the master is doing; but I have called you friends,

because I have made known to you

everything that I have heard from my Father.’

Song **No greater love (Feargal King)**

All sing: No greater love can we have

than to lay down our lives

and to follow the path of our Lord

Prayer to Christ the Healer – of the Alexian Brothers

In the comfort of your love,
I pour out to you, my Saviour,
the memories that haunt me,
the anxieties that perplex me,
the fears that stifle me,
the sickness that prevails upon me,
and the frustration of all the pain that weaves about within me.
Lord, help me to see your peace in my turmoil,
your compassion in my sorrow,
your forgiveness in my weakness,
and your love in my need.
Touch me, O Lord, with your healing power and strength.

Song Tantum Ergo (Plainchant)

The Divine Praises

All – Blessed be God.

Blessed be his holy name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be his most Sacred Heart.

Blessed be his most precious blood.

Blessed be Jesus in the most holy sacrament of the altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and immaculate conception.

Blessed be her glorious assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in his angels and in his saints.

Benediction Prayer

Let us pray,
Lord our God,
may this sacrament of new life
warm our hearts with your love
and make us always long for
the eternal joy of your kingdom
Through Christ our Lord. Amen.

Blessing of the people

Hymn

Misericordes sicut Pater (Inwood/Costa)

**(Please adapt these resources as you wish – Damian McNeice – Dublin Diocesan
Liturgy Resource Centre – 2016)**