

Ministers Lenten Reflection - Insight

Matt 7:1-5

Jesus said to his disciples: 'Do not judge, and you will not be judged; because the judgements you give are the judgements you will get, and the amount you measure out is the amount you will be given.

Why do you observe the splinter in your brother's eye and never notice the plank in your own?

How dare you say to your brother, "Let me take the splinter out of your eye," when all the time there is a plank in your own?

Hypocrite! Take the plank out of your own eye first, and then you will see clearly enough to take the splinter out of your brother's eye.



Points for Reflection

Refrain Open my eyes, Lord, help me to see your face
Open my eyes Lord help me to see.

Where two or three gather – a fourth is being talked about

Reflection

“And I saw that truly nothing happens by accident or luck, but everything by God's wise providence. If it seems to be accident or luck from our point of view, our **blindness** and lack of foreknowledge is the cause; for matters that have been in God's **foreseeing** wisdom since before time began befall us suddenly, all unawares; and so in our **blindness** and ignorance we say that this is accident or luck, but to our Lord God it is not so.” **(Julian of Norwich)**

A **cataract** is a clouding of the lens in the eye which leads to a decrease in vision. **Cataracts** often develop slowly and can affect one or both eyes.

St. Ignatius Discernment (Rule 14)

‘Know your weak points and strengthen them’

EXAMEN – an opportunity to re-visit your day with God

If you have the insight of non-self, if you have the insight of impermanence, you should make that insight into a concentration that you keep alive throughout the day. Then what you say, what you think, and what you do will then be in the light of that wisdom and you will avoid making mistakes and creating suffering.

Nhat Hanh

SELF EXAMINATION IS THE KEY TO INSIGHT, WHICH IS THE KEY TO WISDOM

M SCOTT PECK



“The eye through which I see God is the same eye through which God sees me; my eye and God's eye are one eye, one seeing, one knowing, one love.”

Meister Eckhart

How Do You See Yourself?

Are You Seeing What God is Seeing in You?



Or

What Man is Saying To You?

Remember, You Are Of Much Value!

