



PROMPTINGS OF THE SPIRIT

SONG OF SONGS 4:1

How beautiful you are,
my love,
how very beautiful

Your eyes are doves
behind your veil.



SONG OF SONGS 5:12

His eyes are like doves
by the water streams,
washed in milk,
mounted like jewels.



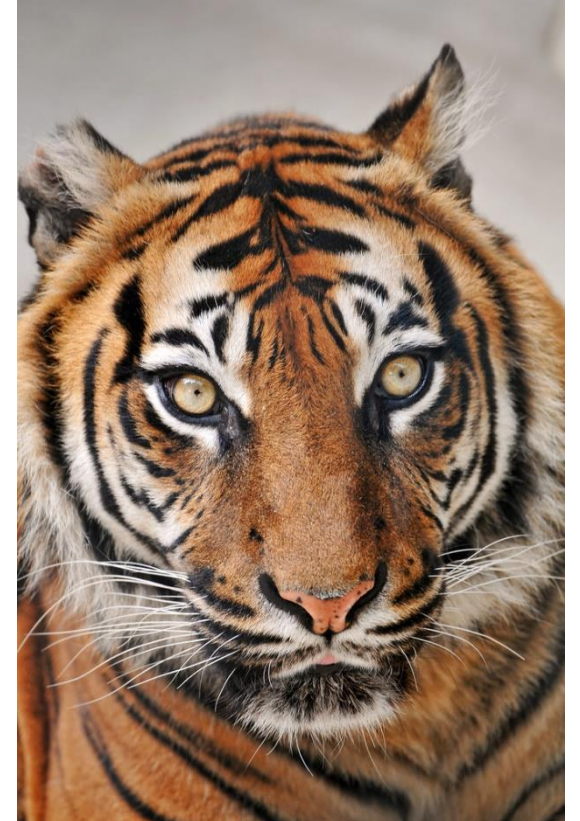
SÚILE AN CHOILM (RONAN MCDONAGH)



OPEN MY EYES

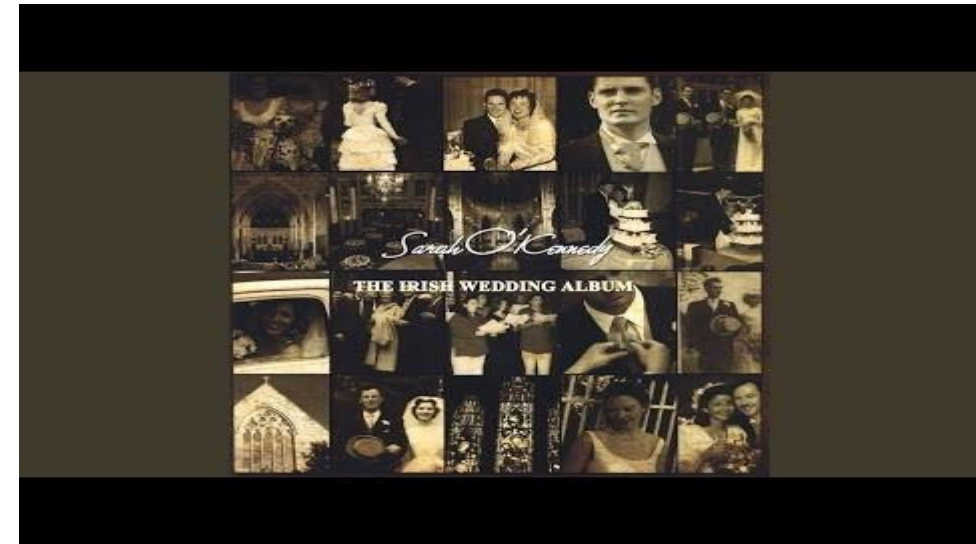


Help me, O God,
that my eyes may be merciful,
so that I may never suspect
or judge from appearances,
but look for what is beautiful
in my neighbours' soul.



JOHN 14:25-26

‘I have said these things to you while still with you;
but the Advocate, the Holy Spirit,
whom the Father will send in my name,
will teach you everything and remind you
of all I have said to you.’



REFLECTION

HILDEGARD OF BINGEN

“O Holy Spirit,
you are the mighty way in which everything
that is in the heavens, on the earth,
and under the earth,
is permeated with connectedness, permeated with relatedness.”



REJOICE AND BE GLAD - HOLINESS – POPE FRANCIS

Not infrequently,
contrary to the promptings of the Spirit,
the life of the Church
can become a museum piece
or the possession of a select few.

This can occur when
some groups of Christians
give excessive importance to certain rules,
customs or ways of acting.'



PRAYER

HAIL HOLY QUEEN (ADAPTED)

All say:

Greetings to you, O Holy Queen.

We salute you, Mother of mercy.

You are our life, our sweetness and our hope.

As we struggle in our humanity with the difficulties of life
we turn to you with tearful eyes and heavy hearts.

Let your merciful eyes look kindly upon us
and point us with your look of love towards the fruit of your womb, Jesus.

O merciful, O loving, O sweet Virgin Mary!

UNCONSCIOUS BIAS

Looking at yourself from a calm distance,
you begin to see your own patterns and understand
that so much of your behaviour is habitual, knee-jerk reactions.
Your immediate feelings are almost always due to childhood conditioning,
but they are so deep in your unconscious
that you have no idea why you're doing what you're doing.



CHOOSE LOVE

So much that we humans do, positive or negative,
is automatic brain response;
there is very little free-will involved.

Every time we choose love, grace, and humility
over our habituated brain reactions,
we expand our realm of freedom.

And love can only happen in the realm of freedom.

A THOUGHT MECHTILDE OF MAGDEBURG

“The Holy Spirit is our Harpist;
all strings which are touched in **Love**,
must sound. “

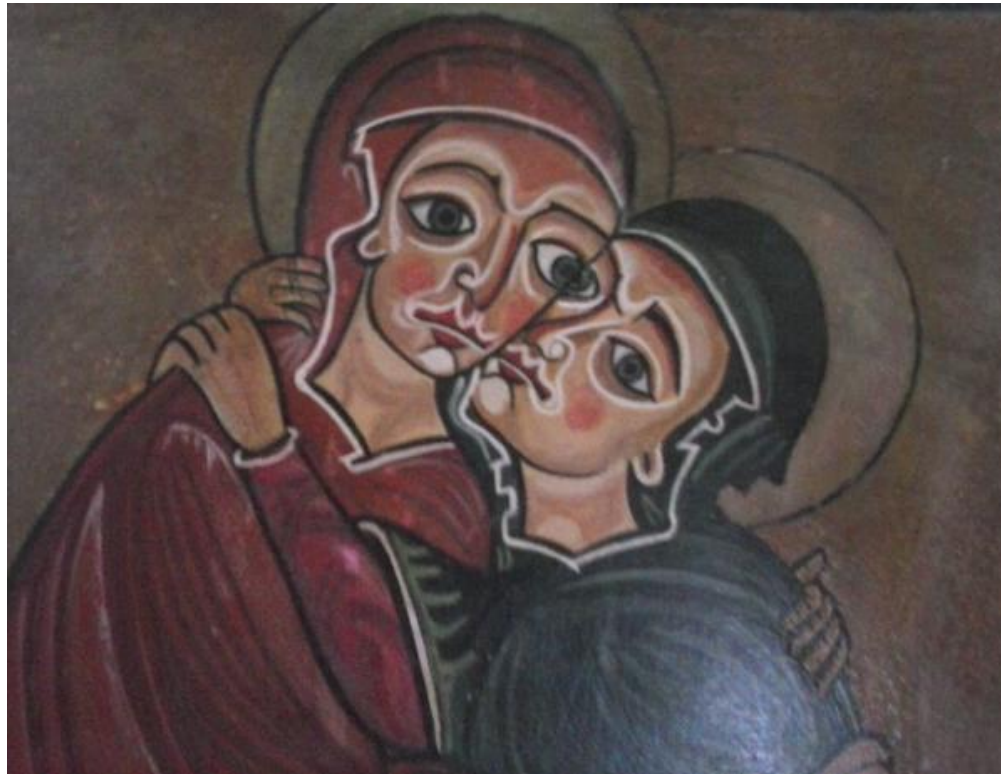


MAGNIFICAT OF CONVERSION

My soul comes in the darkness of unknowing
to the secret room of the All Knowing:
my spirit seeks understanding
in the happenings of these days
because God looks upon the people in a new way.

All sing: Veni Sancte Spiritus

SEEING EYE TO EYE
MARY AND ELIZABETH



Monasteria de
Llusa
13th century

MAGNIFICAT

Yes, from this day forward
all generations will speak of these strange events as wonderful:
and those of us who walk blindly trusting
will be called blessed, for the presence of the Almighty,
the Most Loving One, is felt in our land.

All sing: Veni Sancte Spiritus

MAGNIFICAT

We are shown the power of touching
and simply being open to each other:
our proud imaginings of the high place
of our chosen nation
are scattered and ground down.

All sing: Veni Sancte Spiritus

MAGNIFICAT

The warrior-king we expected to establish us on earth as uncontested righteous power has not come, and we see instead the promised messenger with dusty feet and hidden words.

All sing: Veni Sancte Spiritus

MAGNIFICAT

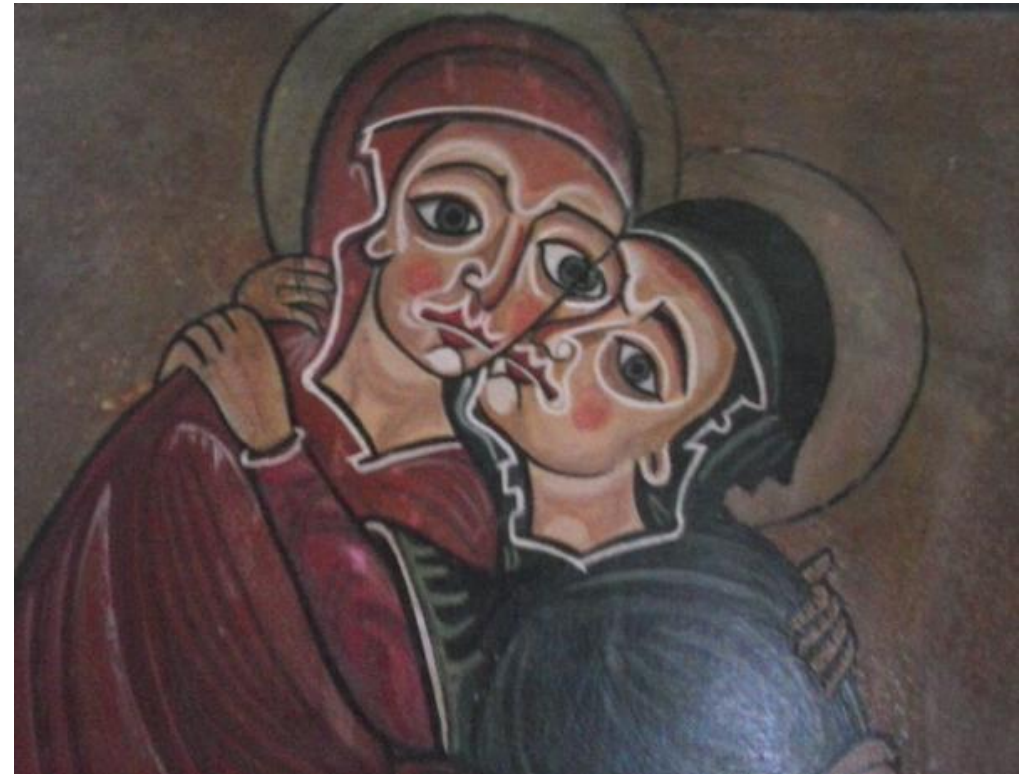
They hungry of heart are fed with enabling love.

In places where there was a need people now give to others from their abundance. The rich are troubled and rumble of revenge.

All sing: Veni Sancte Spiritus

MAGNIFICAT

You have come, O trusted God,
because we have summoned you
to help us.



UKRAINIAN PRAYER
JOHN RUTTER

